



September 22, 2008

Get Ready!

The Saskatchewan Winter Games 2010 are fast approaching, and the sport of gymnastics, including ALL our four disciplines, has been designated a core sport at the Games! Moose Jaw will be the proud host of the 2010 athletes from around the province representing each zone. The gymnastics competition will be unprecedented!

Each zone team will be comprised of ten athletes, ages 10-12 years:

- **Three male Artistic gymnasts** competing three events - floor, vault & horizontal bar, modified Level 3 rules.
- **Three female Artistic gymnasts** competing three events - vault, beam & floor, Level 2 rules.
- **Two female or male Rhythmic gymnasts** competing two events - hoop & free routines, modified provincial rules.
- **Two female or male trampoline & tumbling gymnasts** competing two events - compulsory and optional tumbling and trampoline routines, Level C rules.

Each zone will require a head coach (NCCP Level 2 in minimum one discipline), an assistant coach (NCCP Level 1 in minimum one discipline), and one manager who will assist each zone team prepare for and participate at the Games.

To help kick off the 2010 Saskatchewan Winter Games program, a volunteer zone representative from each of Saskatchewan's nine sport zones will be needed to work with Gymnastics Saskatchewan to help coordinate clinics, camps, selection meets and team preparation in your zone. Join this innovative program and help us develop all kinds of gymnastics in your zone. Apply to be a zone representative now!



FAX TO: GYM SASK – 306-780-9475

**2010 Saskatchewan Winter Games  
Gym Sask Zone Representative Application**

Name: \_\_\_\_\_

Associate Club: \_\_\_\_\_

Position with Club: \_\_\_\_\_

Zone: \_\_\_\_\_

Home address: \_\_\_\_\_

Contact number: (306) \_\_\_\_\_

Email address: \_\_\_\_\_

Gymnastics Experience:



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Why do you want to be a zone representative?

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Signature